

<input checked="" type="checkbox"/> Day	CCWS Daily Treatment Instructions
<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10	<p><b>Optional</b></p> <p>1 teaspoon bicarbonate of soda in small glass of water morning and night.</p> <p><a href="http://www.candidacurecenter.com">www.candidacurecenter.com</a></p>
<input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/> 13 <input type="checkbox"/> 14 <input type="checkbox"/> 15	<p><b>CCWS Candida Cleanser</b></p> <p><b>1 CCWS tablet 4 times a day</b></p> <p>zeoco as needed with at least 2 hrs separation from CCWS</p>
<input type="checkbox"/> 16 <input type="checkbox"/> 17 <input type="checkbox"/> 18 <input type="checkbox"/> 19 <input type="checkbox"/> 20 <input type="checkbox"/> 21 <input type="checkbox"/> 22 <input type="checkbox"/> 23 <input type="checkbox"/> 24 <input type="checkbox"/> 25	<p><b>10 Day Break</b></p> <p>Good time to take a probiotic (such as <b>EM Pro</b>) to help build gut flora defence from any reinfection. Take Zeoco only as needed.</p>
<input type="checkbox"/> 26 <input type="checkbox"/> 27 <input type="checkbox"/> 28 <input type="checkbox"/> 29 <input type="checkbox"/> 30	<p><b>CCWS Candida Cleanser</b></p> <p><b>1 CCWS tablet 4 times a day</b></p> <p>zeoco as needed with at least 2 hrs separation from CCWS</p>
<input type="checkbox"/> 31 <input type="checkbox"/> 32 <input type="checkbox"/> 33 <input type="checkbox"/> 34 <input type="checkbox"/> 35 <input type="checkbox"/> 36 <input type="checkbox"/> 37 <input type="checkbox"/> 38 <input type="checkbox"/> 39 <input type="checkbox"/> 40	<p><b>10 Day Break</b></p> <p>Good time to take a probiotic (such as <b>EM Pro</b>) to help build gut flora defence from any reinfection</p> <p><a href="http://www.candidacurecenter.com">www.candidacurecenter.com</a></p>
<input type="checkbox"/> 41 <input type="checkbox"/> 42 <input type="checkbox"/> 43 <input type="checkbox"/> 44 <input type="checkbox"/> 45	<p><b>CCWS Candida Cleanser</b></p> <p><b>1 CCWS tablet 4 times a day</b></p> <p>zeoco as needed with at least 2 hrs separation from CCWS</p>

**IMPORTANT** – You must drink large amounts of water during the **CCWS candida treatment** (after day 10) as the toxins will be released by the dying candida and need to be flushed from your body as fast as possible – we recommend 8 glasses of water a day.

It helps to cross out the days on this sheet so you can know exactly where you are